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**For Immediate Release**

## **WHAT'S YOUR GREEN RESOLUTION?**

*STAPLES Canada encourages eco-conscious resolutions for the New Year*

**Richmond Hill, ON, January 5, 2010** – In 2009, STAPLES Canada collected over 1.3-million ink and toner cartridges, recycled more than 2,127 tonnes of electronic waste, diverted 3,450 tonnes of cardboard from landfills and expanded the number of stores collecting electronic waste. What is your eco-resolution?

STAPLES Canada has set a goal to eliminate PVC (polyvinyl chloride) from its own brand product packaging by fall. "We are taking innovative initiatives in building sustainability into our business. Taking out PVCs from packaging and giving customers a place to recycle their unwanted electronics is another way we are giving customers easy options to help the environment," said Pete Gibel, Chair of STAPLES Canada environmental committee.

Making eco-resolutions is easy and affects everyone. "You are not only doing something good for yourself and others, but also for generations to come. There are many simple lifestyle changes people can make at home and in the office that can make a difference," said Gibel.

STAPLES Canada wants every Canadian to take action in building a sustainable lifestyle for our future. Here are a few tips:

- **Embrace the flat screen**  
Flat screen monitors and LCD (Liquid Crystal Display) screens use less than half the energy of traditional CRT (Cathode Ray Tube) monitors.
- **Reuse materials as much as you can**  
Print documents and recipes on the back of used paper; save paper clips, push-pins, elastics, sticky flags; make a point of buying rechargeable batteries.

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- **Purchase a power bar and turn everything off**  
Turning everything off with the single flick of a power bar makes it easy to save energy (and money)!
- **Switch lightbulbs to compact fluorescent**  
The typical incandescent is 60W and a comparable compact fluorescent is 13W—a significant kilowatt reduction when you consider the number of hours you operate your lights and the fact that the average cost of electricity is 10 cents per kilowatt hour.

### **About STAPLES Canada**

Founded in Toronto in 1991, The Business Depot Ltd./STAPLES Canada Inc. is Canada's largest supplier of office supplies, business machines, office furniture and business services for the small business and home office customer. The company is an everyday low price retailer. The chain operates stores in all provinces across Canada under the banners STAPLES® Canada and Bureau en Gros<sup>MC</sup>. Marketing Magazine's Marketing/Leger 2008 Corporate Reputation Survey ranked STAPLES Canada/Bureau en Gros **number one among Canada's top 100 companies surveyed in Canada**. The company has over 13,500 employees serving customers through more than 300 office superstores, catalogue, and e-commerce. STAPLES, STAPLES/Bureau en Gros is committed to making shopping easy by offering customers three ways to shop: online, by catalogue and in-store. More information is available at [www.staples.ca](http://www.staples.ca).

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